



Prostate cancer treatment discussion guide

It's important to consider the potential benefits, risks and preferences for your prostate cancer treatment. This guide can help you start an open and candid conversation with your physician. It is not intended to replace professional medical care or advice. If you have questions or need information, please talk with your doctor.

Check off the questions you'd like to ask your physician.

Gathering information about your treatment options.

- What are the different treatment options for my condition?
- What will the preparation for treatment look like?
- What will the duration of each treatment be? What about the entire treatment plan?

What treatment is right for me?

- Is active surveillance, radiation therapy, or surgery to remove all or part of the prostate recommended?
- Should laparoscopic or robot-assisted prostatectomy be considered?
- Which kinds of radiation therapy would treat my cancer best?
- Are there other alternative treatments that may work?
- Will there be an impact on my daily routine?
- Will I be able to continue to work?
- What activities will I still be able to do?
- What activities are not recommended during each type of treatment?

Deciding on a treatment plan.

- What are the treatment options for this stage of cancer? Which are available at this facility?
- How soon must a decision on treatment be reached?
- What is (_____) treatment like? When/Where/How does it happen?
- What are the expected side effects and risk factors associated with different treatment options?
- What are the chances that I will experience complications during or after treatment?
What do you offer at this facility that may help reduce the risk of side effects?

What can I expect during and after treatment?

- What are the chances that I will have problems with incontinence or impotence?
- What are the chances that I will have other urinary or rectal problems?
- What are the chances of experiencing side effects after treatment has ended?
- Is there a chance the cancer will come back after treatment?

Other questions

Notes

Rx only.

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Boston Scientific Corporation
300 Boston Scientific Way
Marlborough, MA 01752-1234
www.BostonScientific.com

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